



CAPABILITY STATEMENT

CONTACT

Terry Hasty, M.S., Vice-President
966 Tunnel Road, Asheville, NC 28805
O: 828-298-2488 / C: 828-280-2486
Email: terry@helpingyougrow.com

COMPANY DATA

BUSINESS SIZE: WOSB	Dun and Bradstreet Open Ratings Report: 95/100
EIN: 56-1862998	GSA: GS-02F-0132V
DUNS: 944943380	SAM: Registered and active
SOURCE: 874.4	NAICS: 611430
CAGE: 3W0L1	
WEB: www.helpingyougrow.com	

Accept credit cards and purchase cards

CAPABILITIES STATEMENT

With 25 years of experience inspiring leaders and teams from federal and state government agencies across the country, MindSpring has the right tools and strategies to motivate individuals and produce extraordinary results at all levels of the organization.

WHAT SETS MINDSPRING APART FROM THE COMPETITION

- ✦ Designers of a comprehensive and innovative curriculum.
- ✦ **Exceptional program delivery and sustainable outcomes:** our work is designed to move the individual or group from basic information to engaged application, to dynamic productivity, which creates sustainability of lessons learned.
- ✦ Expert understanding of the learning process: our role is to provide the right information at the right time so the individual or group increases their own wisdom, understanding and application processes.
- ✦ **Outstanding customer service:** Turnkey planning, presentation capability, and sustainable outcomes with our clients establish our work as a best value option.
- ✦ **Flexibility and Dedication:** We travel and accommodate our clients' needs and schedules. We also have our own training facility in Asheville, NC which includes MindSpring, WellSpring Wellness Center, a business dedicated to wellness of mind, body, and emotions, and TruthSpring, our latest effort dedicated to the field of consciousness. We also have a location in Alexandria, VA, MindSpring Metro DC.

CORE CONTENT

- ✦ Emotional Intelligence
- ✦ Leadership at all levels
- ✦ Dealing with Conflict
- ✦ Executive Coaching
- ✦ Conscious Leadership
- ✦ Resilience
- ✦ Teambuilding
- ✦ Mentoring
- ✦ Wellness
- ✦ Integrity
- ✦ Custom design
- ✦ Project design
- ✦ Cultural transformation
- ✦ Custom audio and video
- ✦ CDs and Webinars

PAST PERFORMANCE / RECENT PROJECTS

2020 GEORGE WASHINGTON JEFFERSON NATIONAL FORESTS / \$159,000.00 / On-going

MindSpring™ designed a comprehensive leadership development curriculum for the GWJ beginning July 1, 2020 through July 2021. Contact: Beth Lemaster/ 540-200-9007 / elizabeth.lemaster@usda.gov

2020 NATIONAL FORESTS OF MISSISSIPPI / \$48,000.00 / On-going

The National Forests of Mississippi have undergone a major leadership change. MindSpring™ designed an innovative approach (The Organize-Direct-Undertake Project) to develop trust, cohesiveness and the pathway to a high-performing team. Contact: Carl Petrick / 850-524-1233.

2020 USDA FOREST SERVICE EASTERN REGIONAL OFFICE / \$25,000.00 / On-going

The USDA Forest Service merged several different departments in their Eastern Regional offices in 2019 affecting nearly 30 employees. MindSpring™ designed an effective approach to addressing the issues affecting that merger. Contact: Nicholas Pardi / 414-255-4085 / Nicholas.pardi@usda.gov.

2020 USDA FOREST SERVICE NBIOLOGICAL PHYSICAL RESOURCES (BPR) / \$10,000.00 / On-going

MindSpring™ was selected to help the BPR design dynamic and effective meetings for their Fall 2020 conferences. Contact: Duke Rankin / 404-347-3981 / duke.ranking@usda.gov.

2020 USDA FOREST SERVICE CATAHOOCHEE-OCONEE NATIONAL FOREST / \$20,000.00 / On-going

MindSpring™ was selected to guide the leadership team through events that led to a sudden change in leadership and help the leadership team design an effective approach to change, workforce morale, and building trusting relationships. Contact: Ed Hunter / 205-317-3225 / edward.hunter@usda.gov

2020 US FISH AND WILDLIFE / \$7,500.00 / Delayed due to pandemic

MindSpring™ was contacted by Mr. Viker to lead the SouthEast leadership team through MindSpring's newest workshop "Conscious Leadership." Contact: David Viker, Chief, Southeast National Wildlife Refuge System, US Fish and Wildlife, (404) 679-7152 / david_viker@fws.gov.

2020 USDA FOREST SERVICE NATIONAL GRASSLANDS IN TEXAS / \$7,500.00 / Delayed due to pandemic

The NGT and the Sam Houston Trails Coalition, a public organization, were seeking to improve their ability to have a healthy working relationship and improve communication and outcomes. Contact: Eddie Taylor / 936-554-4528 / eddie.taylor@usda.gov.

WHAT OUR CLIENTS SAY ABOUT OUR WORK

Thank you so much for the opportunity to attend last week's session. Wow! What a week. I can't really put into words how powerful the experience was for me, and what means for growth it was/will be on my journey. What an eye-opener to realize how many of my thoughts, responses, actions are fear-based, and how freeing to choose another way. So much of what you talked about in regards to conflict especially is pertinent in my day-to-day life, and if I just take the time to be present rather than operating on auto-pilot the way I tend to do, I know the strategies will work for me.

Thank you for the wonderful gift of teaching us how to communicate with others by using the COIN process! You both walk the walk and demonstrate that in your connection with each person and how you believe in your life's purpose...you truly live and breathe the message and knowledge you are sharing. It was the most authentic training I've ever attended. Thank you.

I attended a class yesterday through our HR department. We are required to have a specific amount of leadership continuing education hours. I talked a friend into going with me to get the hours, and we agreed that if we got our certificates we would slip out early. We did get our certificates early in the day, but I was so moved by the class there was no way I could leave. Not only would it show a lack of integrity to leave early and claim the hours, but most important, I could not leave and miss out on what we were learning. I received so much more than "hours" for this class. I accepted a new way to look at things not only as a leader, but also in my personal life. This has been one of the hardest years of my life. Now I feel empowered to no longer be the victim. Thank you so much for what you have given me.

I really enjoyed your training on dealing with conflict. It is the best training I have been to in 33 years, and I have been to MANY! Even the 7 Habits wasn't as good as yours. I hope you do really well in your business and life and that I will be at an advanced session next year, otherwise I will have to travel to NC! Thanks for everything.

Your Emotional Intelligence Training has changed my life. The journey has begun...not because you told me to, but because now I realize the endless opportunities that will arise both personally and professionally. I've read countless books in search of solutions and while they've taught me a lot, I never was able to see the role my mind played in creating all problems, resulting in years and years of unnecessary emotions and negativity. I started healing in this class and will practice the rest of my life to be the BEST person I can be. Thank you.

I really enjoyed your training. It is the best I have been to in 33 years, and I have been to MANY! Thanks for everything.

Thank you again for such an amazing experience. Truly transformational for me. The course also fostered a closer relationship within our team. We are working on ensuring we support each other more...feels so much more inclusive than before. I love it.

ADDITIONAL REFERENCES

CUSTOMER	TITLE	AGENCY / COMPANY	CONTACT INFORMATION
BILL HAHNENBERG	Nat. Dir. Fire and Aviation	USDA Forest Service	frank.hahnenberg@usda.gov / 970-216-7416
JERRI MARR	Asst. Nat. Dir. Recreation	USDA Forest Service	jerri.marr@usda.gov / 202-425-7789
JIM BACON	Dir. Public Services R5	USDA Forest Service	jjm.bacon@usda.gov / 707-297-3010
SARA MAYBEN	Dep. Forest Supervisor	USDA Forest Service	sara.mayben@usda.gov / 719-395-7785
BRANDY HILL	Patrol Captain	USDA Forest Service	brandy.hill@usda.gov / 906-428-9040
SHARDUL RAVAL	Dir. Fire and Aviation R8	USDA Forest Service	Shardul.raval@usda.gov / 404-347-3464
BILL SHERRILL	Owner	Red Oak Brewery	bilsher@redoakbrewery.com / 336-447-2055
BETH LEMASTER	Dep. Forest Supervisor	USDA Forest Service	elizabeth.lemaster@usda.gov / 540-200-9007
ANDREW CREATHORN	CEO	ALOI, Inc.	acreathorn@aloi.com / 585-642-9666
RICK DOODY	CFO	SPX Flow Technology	rick.doody@spx.com / 704-808-3062
RANDY MOORE	Regional Forester R5	USDA Forest Service	randy.moore@usda.gov